

## News from Holbrook and Shotley Surgery

### GP changes

Dr Dineen will sadly be leaving the practice at the end of March. He has been with the practice for 43 years and during this time there have been many changes in the NHS. Dr Dineen has been an incredible support to us all and he will be missed by staff, patients and our wider community. We wish him a very long, happy and healthy retirement!

From 1<sup>st</sup> April there will also be some changes to when and where the other doctors work. We will update our website and communications accordingly. We will also be reallocating named GPs and will advise you if this changes.

At the same time, we welcome Dr James Moore-Smith and Dr Chris Rufford to the practice as permanent doctors. They are both familiar with the surgeries as they have been providing locum services for a while now and have been well received by patients.

### GP and Staff Training afternoons

Our next training afternoon will be on Thursday 14th March 2019 and Thursday 4th April 2019. The practice will be open for patients to come in to collect/drop off prescriptions and book appointments/make enquiries at reception. However, there will be no clinical staff on site and our telephone lines will be switched over to the out of hours' service on these afternoons to allow for staff training. Please ring 111 for advice if your query cannot wait until the following day. In an emergency, dial 999.

### My Stroke Guide

Stroke can change your life in an instant, whether it's happened to you or someone close to you. A free online support tool is available now 24/7 called My Stroke Guide. The Guide provides stroke survivors and carers with advice, information and over 200 videos to help build their knowledge, skills and confidence to actively manage their stroke journey. This includes a dedicated section for family and friends which provides information on the impact of stroke and advice about supporting loved ones. For more information go to:

<https://www.stroke.org.uk/finding-support/my-stroke-guide>

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